



Mixed Olives (SD V)	£3
Bread, Oil & Vinegar (G V SD)	£4
Muhammara (M SE SD V G N) Sumac Yoghurt / Fresh Pitta bread	£6
Soup of the day. See specials	£6
BBQ'd Norfolk Beetroot Salad (V SD M MU) Rosary Ash Goats Cheese mousse / Frisee Lettuce / Candied Hazelnuts / Pickled Cucumber	£8
Twice Baked Old Amsterdam Cheese Soufflé (G E M MU N V) Spinach / Candied Almonds / Cheese Sauce	£8
"Fruit Pig Co" Crispy Terrine & Scallops (M MO SD G SD E) Homemade Ketchup / Pickled Quails Egg / Fresh Apple	£9
Confit 'Hindolveston' Duck Leg (M S CE) Turnips/ Gem/ Bacon/ Pea	£15
"Hero" Classic Beef Burger (E G CE M MU SD) Hero Burger Cheese / Shallot Jam / Bacon / Tomato / Fries / Brioche bun / Burger Sauce / Gem	£15
Classic Fish & Chips (F G SD M) Norfolk Ale Batterd Haddock / Chunky Chips / Tartar Sauce / Minted Peas	£14
Butternut Squash & Mozzarella Arancini Balls (V M SD) Our Own Smoked Ricotta / Toasted Pumpkin Seeds / Frisee lettuce	£15
Arthur Howell's 10oz Rump Steak (CE SD M) Peppercorn Sauce / Fries / Garlic Herb Butter / Mushrooms	£19
Hero Fish Stew (CE G CR E F M SD MO) Roast Langostine Bisque / Haddock / Potatoes / Fennel / Celery / Mussels / Cockles / Sourdough / Aioli	

Turn over for more...

Chips £3.75 / Fries £3.50 / Seasonal Greens £3 / Heinz' Baked Beans £2 / Lettuce & Tomato Salad £2

Celeriac & Celery (CE) / Gluten(G) / Crustaceans (CR) / Egg (E) / Fish (F) / Lupin (L) / Vegetarian (V) / Milk (M)
Peanuts (P) / Sesame (SE) / Soy (S) / Sulphites (SD) / Molluscs (MO) / Mustard (MU) / Nuts (N)

AVAILABLE LUNCH ONLY 12pm – 3pm (Gluten Free Options Available for all sandwiches)

BLT (G M E)	£8
Sliced tomato / Gem Lettuce / 'Fruit pig' Streaky Bacon / Mayo	
Welsh Rarebit (M G E SD)	£8
Norfolk Dapple / Frisee Lettuce / Tomato Chutney / Aspalls	
Fish Finger Sandwich (G E F)	£8
Tartar Sauce / Gem / Lemon	
Homemade Ice Creams	£1.50
Vanilla / Strawberry/ Hazelnut / Rum & Raisin / Caramel / Chocolate Brownie / Lemon Curd	
Homemade Sorbet	£1.50
Strawberry / Raspberry / Pineapple / Orange / Lemon / Apple / Mango	
Dark Chocolate Fondant (M G E)	£8
Chocolate Sauce / Marmalade Ice Cream / Fresh Orange (please allow 10 minute cooking time)	
Trio of Cheese (C E G M M U N V SD)	£9
Chutney / Biscuits / Quince jelly	
Hero Tiramisu (G E M)	£7
Coffee Pannacotta / Coffee Sponge / Mascapone Mousse / Kahlua / Chocolate & Almond Crumble	
Lemon Tart (G E V M N)	£7
Raspberry Sorbet / Fresh Raspberries	
	£8
Cappuccino / Latte	£3
Espresso	£2/ £3.80
Mocha	£3
Americano	£2.50
Macchiato	£2.50
Hot Chocolate	£3
Tea	£2.50
Breakfast / Earl Grey / Peppermint / Green / Chamomile / Red Berry	

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